**Patient Name:** ESTEVEZ DURAN, JUAN CARLOS

**Date of Birth:** 06/14/1985

**Date of Service:** 05/17/2022

**History of Present Illness:**  
The patient is seen here for Orthopedic post-op follow up evaluation. Patient is status post right shoulder arthroscopy on 04/25/22.

The patient has no right shoulder pain, but increases with lifting \_\_\_\_\_.

**Past Medical History:**  
Noncontributory

**Past Surgical History:**  
Noncontributory

**Past Accident/Injuries:**

**Daily Medications:**  
None

**Allergies:**  
No known drug allergies

**Social History:**  
Smoker- 10 cigarettes per day for over 10 years. The patient is working.

**Physical Examination:**  
**Vitals:** On physical examination, the patient is the patient is 5 feet tall, weighs 140 pounds  
**General Appearance:** Patient is a well-developed, well-nourished male in no acute distress. Awake, alert, and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal

**Right Shoulder:**  
Examination of the shoulder revealed well healed portal sites with mild swelling. No tenderness to palpation. There was no effusion. No crepitus was present. No atrophy was present. Hawkins, drop arm, and apprehension tests were negative. Range of motion: Abduction 165 degrees (180 degrees normal), forward flexion 170 degrees (180 degrees normal), internal rotation 50 degrees (80 degrees normal), external rotation 50 degrees (90 degrees normal). \_\_\_\_\_Strength not assessed.

**Diagnostic Imaging:**  
03/25/2021 – MRI of the right shoulder: Type III acromion with hypertrophic changes of the acromioclavicular joint with impingement of the rotator cuff. Partial tear of distal supraspinatus tendon. Partial tear of distal subscapularis tendon.

**Assessment and Plan:**  
Diagnosis: Status post right shoulder arthroscopy.  
Plan: PT, \_\_\_\_\_ modalities.

The patient’s Right Shoulder was examined   
MRI of the Right Shoulder was reviewed.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**